

## Participants

- ages 13+
- not currently receiving mental health treatment

may be eligible to access an optional online anxiety management program



To sign up:  
[redcap.link/gaya](https://redcap.link/gaya)  
or email the study  
[gaya@ucalgary.ca](mailto:gaya@ucalgary.ca)

This study has been approved by the Conjoint Health Research Ethics Board: REB22-1687



UNIVERSITY OF  
**CALGARY**



CAN GENES INFLUENCE HOW

**ANXIOUS**

YOUNG PEOPLE FEEL?



YOUTH AGES 8-19 CAN  
HELP US LEARN MORE:

Online survey

Phone game

Saliva sample

Receive a \$20 gift card for  
less than an hour of participation